



ST. JOHN'S NORWAY

ANGLICAN CHURCH IN THE BEACHES



WELCOME TO ST. JOHN'S NORWAY

We are so glad to have you worship with us!

We are a growing, diverse, and energetic faith community learning to follow Jesus together.

Wherever you are on your spiritual journey, you are invited to join us.



ST. JOHN'S NORWAY
470 Woodbine Avenue
Toronto, Ontario
M4E 2H6

Church Office: (416) 691-4560
E-mail: admin@stjohnsnorway.com
Website: stjohnsnorway.com

Facebook: [@stjohnsnorway](https://www.facebook.com/stjohnsnorway)
Instagram: [@stjohnsnorway](https://www.instagram.com/stjohnsnorway)
Twitter: [@stjnorway](https://twitter.com/stjnorway)

Thirteenth Sunday after Pentecost

10:30 AM – Sunday, August 23, 2026

Participating Clergy: The Rev'd Silvanus Singh, The Rev'd John Quaggin

Preacher: Sara Fornoff

Reader: Jenna Da Silva

Intercessor: Janice Yorke

Chalice Bearer: Kathryn Kern

Pianist: Edward Cockerton

Soloist: Daniel Rojas

Prelude Music

Welcome & Gathering of the Community

(Please stand)

Opening Hymn

CP 60 – I Come with Joy (verses 1, 3, 5)

I come with joy, a child of God,
forgiven, loved and free,
the life of Jesus to recall,
in love laid down for me.

As Christ breaks bread, and bids us share,
each proud division ends.
The love that made us, makes us one,
and strangers now are friends.

Together met, together bound
by all that God has done,
we'll go with joy, to give the world
the love that makes us one.

Celebrant The grace of our Lord Jesus Christ,
and the love of God,
and the fellowship of the Holy Spirit,
be with you all.

All And also with you.

Celebrant Almighty God,
All to you all hearts are open,
all desires known,
and from you no secrets are hidden.
Cleanse the thoughts of our hearts by the inspiration
of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name;
through Christ our Lord.
Amen.

Collect of the Day

Celebrant Let us pray.
Almighty God,
we are taught by your word
that all our doings without love are worth nothing.
Send your Holy Spirit and pour into our hearts
that most excellent gift of love,
the true bond of peace and of all virtue;
through Jesus Christ our Lord,
who lives and reigns with you and the Holy Spirit,
one God, now and for ever.

People Amen.

(Please be seated)

The Proclamation of the Word

The Readings

Reader A reading from the Book of Exodus.

Now a new king arose over Egypt, who did not know Joseph. He said to his people, "Look, the Israelite people are more numerous and more powerful than we. Come, let us deal shrewdly with them, or they will increase and, in the event of war, join our enemies and fight against us and escape from the land." Therefore they set taskmasters over them to oppress them with forced labour. They built supply cities, Pithom and Rameses, for Pharaoh. But the more they were oppressed, the more they multiplied and spread, so that the Egyptians came to dread the Israelites. The Egyptians became ruthless in imposing tasks on the Israelites, and made their lives bitter with hard service in mortar and brick and in every kind of field labour. They were ruthless in all the tasks that they imposed on them. The king of Egypt said to the Hebrew midwives, one of whom was named Shiphrah and the other Puah, "When you act as midwives to the Hebrew women, and see them on the birthstool, if it is a boy, kill him; but if it is a girl, she shall live." But the midwives feared God; they did not do as the king of Egypt commanded them, but they let the boys live. So the king of Egypt summoned the midwives and said to them, "Why have you done this, and allowed the boys to live?" The midwives said to Pharaoh, "Because the Hebrew women are not like the Egyptian women; for they are vigorous and give birth before the midwife comes to them." So God dealt well with the midwives; and the people multiplied and became very strong. And because the midwives feared God, he gave them families. Then Pharaoh commanded all his people, "Every boy that is born to the Hebrews you shall throw into the Nile, but you shall let every girl live." Now a man from the house of Levi went and married a Levite woman. The woman conceived and bore a son; and when she saw that he was a fine baby, she hid him three months. When she could hide him no longer she got a papyrus basket for him, and plastered it with bitumen and pitch; she put the child in it and placed it among the reeds on the bank of the river. His sister stood at a distance, to see what would happen to him. The daughter of Pharaoh came down to

bathe at the river, while her attendants walked beside the river. She saw the basket among the reeds and sent her maid to bring it. When she opened it, she saw the child. He was crying, and she took pity on him, "This must be one of the Hebrews' children," she said. Then his sister said to Pharaoh's daughter, "Shall I go and get you a nurse from the Hebrew women to nurse the child for you?" Pharaoh's daughter said to her, "Yes." So the girl went and called the child's mother. Pharaoh's daughter said to her, "Take this child and nurse it for me, and I will give you your wages." So the woman took the child and nursed it. When the child grew up, she brought him to Pharaoh's daughter, and she took him as her son. She named him Moses, "because," she said, "I drew him out of the water." (Exodus 1:8-2:10)

Reader The word of the Lord.
People **Thanks be to God.**

Psalm 124

Soloist Our help is in the name of the Lord.
All **Our help is in the name of the Lord.**

Soloist If the Lord had not been on our side, let Israel now say;

if the Lord had not been on our side, when enemies rose up against us,

then would they have swallowed us up alive
in their fierce anger toward us;

then would the waters have overwhelmed us
and the torrent gone over us;

then would the raging waters have gone right over us.

All **Our help is in the name of the Lord.**

Soloist

Blessed be the Lord
who has not given us over to be a prey for their teeth.

We have escaped like a bird from the snare of the fowler;
the snare is broken, and we have escaped.

Our help is in the name of the Lord,
the maker of heaven and earth.

All

Our help is in the name of the Lord.

Please stand for the reading of the Gospel.

The Gospel is carried down the centre aisle into the midst of the people gathered, as a symbol of God's sending out of Jesus—who is the "Word made flesh" into the world.

Gospel Acclamation (SJN Mass)



All

Alleluia, alleluia, alleluia.

Soloist

The Word of God came and lived here among us:
so all who believe might be the children of God.

All

Alleluia, alleluia, alleluia.

Deacon
People
Deacon
People

The Lord be with you.
And also with you.
The Holy Gospel of our Lord Jesus Christ according to Matthew.
Glory to you, Lord Jesus Christ.

Now when Jesus came into the district of Caesarea Philippi, he asked his disciples, "Who do people say that the Son of Man is?" And they said, "Some say John the Baptist, but others Elijah, and still others Jeremiah or one of the prophets." He said to them, "But who do you say that I am?" Simon Peter answered, "You are the Messiah, the Son of the living God." And Jesus answered him, "Blessed are you, Simon son of Jonah! For flesh and blood has not revealed this to you, but my Father in heaven. And I tell you, you are Peter, and on this rock I will build my church, and the gates of Hades will not prevail against it. I will give you the keys of the kingdom of heaven, and whatever you bind on earth will be bound in heaven, and whatever you loose on earth will be loosed in heaven." Then he sternly ordered the disciples not to tell anyone that he was the Messiah. (Matthew 16:13-20)

Deacon
People

The Gospel of Christ.
Praise to you, Lord Jesus Christ.

Gospel Acclamation (SJN Mass)



All
Soloist
All

Alleluia, alleluia, alleluia.
The Word of God came and lived here among us:
so all who believe might be the children of God.
Alleluia, alleluia, alleluia.

The Sermon

Sara Fornoff

(Please stand)

The Apostles' Creed

Celebrant Let us confess our faith as we say,
All I believe in God,
the Father almighty,
creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord.
He was conceived by the power of the Holy Spirit
and born of the Virgin Mary.
He suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended to the dead.
On the third day he rose again.
He ascended into heaven,
and is seated at the right hand of the Father.
He will come again to judge the living and the dead.
I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.

(Please be seated or kneel for prayer)

The Prayers of the People

Confession and Absolution

Celebrant Dear friends in Christ,
God is steadfast in love and infinite in mercy;
God welcomes sinners
and invites them to this table.
Let us confess our sins,
confident in God's forgiveness.

Silence is kept.

Celebrant Most merciful God,
All we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbours as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us,
that we may delight in your will,
and walk in your ways,
to the glory of your name.
Amen.

Celebrant Almighty God have mercy upon you,
pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in eternal life;
through Jesus Christ our Lord. **Amen.**

Invitation to Offering

*We at St. John the Baptist Norway give regularly to God's work
through offerings and other gifts. Our offerings support the life of the parish,
as well as the work we do in the world, both locally and globally.*

We invite you to contribute financially as you can to the life and ministry of the parish.

*If you wish to donate online through Canada Helps, please scan the QR code
and follow the link. To sign up for pre-authorized giving, you may contact
the Church Office at admin@stjohnsnorway.com or
call us at 416-691-4560. Thank you!*



(Please stand)

The Peace

Celebrant The peace of the Lord be always with you.
People And also with you.

*Sharing “peace” with one another is an ancient Christian tradition, not only in the words
of Jesus, but also in the practices of the Christian community.
Passing the peace began as a way for people in the Christian community to be reconciled
to one another before making their offering at the altar.
It is for this reason that the Peace always comes before Communion.
We impart the Peace of Christ with one another when we greet each other
in this meaningful way.*

(Please remain standing and join in singing)

Offertory Hymn

CP 425 – Joyful, Joyful We Adore Thee

Joyful, joyful, we adore thee,
God of glory, Lord of love;
hearts unfold like flowers before thee,
opening to the sun above.
Melt the clouds of sin and sadness;
drive the dark of doubt away;
giver of immortal gladness,
fill us with the light of day.

All thy works with joy surround thee,
earth and heaven reflect thy rays,
stars and angels sing around thee,
center of unbroken praise.
Field and forest, vale and mountain,
flowery meadow, flashing sea,
chanting bird and flowing fountain
call us to rejoice in thee.

Thou art giving and forgiving,
ever blessing, ever blest,
well-spring of the joy of living,
ocean depth of happy rest!
Thou our Father and our Mother,
all who live in love are thine;
teach us how to love each other,
lift us to the joy divine.

The Celebration of the Eucharist

The Prayer over the Gifts

Celebrant God of glory,
receive all we offer this day as a symbol of our love,
and increase in us that true and perfect gift.
We ask this in the name of Jesus Christ our Lord.

People **Amen.**

The Great Thanksgiving

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Lift up your hearts.
People **We lift them to the Lord.**

Celebrant Let us give thanks to the Lord our God.
People **It is right to give our thanks and praise.**

Celebrant It is indeed right that we should praise you,
gracious God,
for you created all things.
You formed us in your own image:
uniquely in love you created us.
When we turned away from you in sin,
you did not cease to care for us,
but opened a path of salvation for all people.
You made a covenant with Israel,
and through your servants Abraham and Sarah
gave the promise of a blessing to all nations.
Through Moses you led your people
from bondage into freedom;
through the prophets
you renewed your promise of salvation.
Therefore, with them, and with all your saints
who have served you in every age,
we give thanks and raise our voices
to proclaim the glory of your name.

All Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.

Blessed is he who comes in the name of the Lord.
Hosanna in the highest.

Celebrant Holy God, source of life and goodness,
all creation rightly gives you praise.
In the fullness of time,
you sent your Son Jesus Christ,
to share our human nature,
to live and die as one of us,
to reconcile us to you,
the God and Father of all.

He healed the sick
and ate and drank with outcasts and sinners;
he opened the eyes of the blind
and proclaimed the good news of your kingdom
to the poor and to those in need.
In all things he fulfilled your gracious will.

On the night he freely gave himself to death,
our Lord Jesus Christ took bread,
and when he had given thanks to you,
he broke it, and gave it to his disciples,
and said, "Take, eat:
this is my body which is given for you.
Do this for the remembrance of me."

After supper he took the cup of wine;
and when he had given thanks,
he gave it to them,
and said, "Drink this, all of you:
this is my blood of the new covenant,

which is shed for you and for many for the forgiveness of sins.
Whenever you drink it,
do this for the remembrance of me.”

Gracious God,
his perfect sacrifice
destroys the power of sin and death;
by raising him to life
you give us life for evermore.
Therefore we proclaim the mystery of faith.

All
Christ has died.
Christ is risen.
Christ will come again.

Celebrant Recalling his death,
proclaiming his resurrection,
and looking for his coming again in glory,
we offer you, Father, this bread and this cup.
Send your Holy Spirit upon us
and upon these gifts,
that all who eat and drink at this table
may be one body and one holy people,
a living sacrifice in Jesus Christ, our Lord.

Through Christ, with Christ, and in Christ,
in the unity of the Holy Spirit,
all glory is yours, almighty Father,
now and for ever.

People **Amen.**

The Lord's Prayer

Celebrant And now, as our Saviour Christ has taught us,
we are bold to say,

People **Our Father, who art in heaven,**
hallowed be thy name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.

Give us this day our daily bread.
 And forgive us our trespasses,
 as we forgive those who trespass against us.
 And lead us not into temptation,
 but deliver us from evil.
 For thine is the kingdom,
 the power, and the glory,
 for ever and ever. Amen.

The Breaking of the Bread

Celebrant "I am the bread of life", says the Lord.
 "Whoever comes to me will never be hungry;
 whoever believes in me will never thirst."

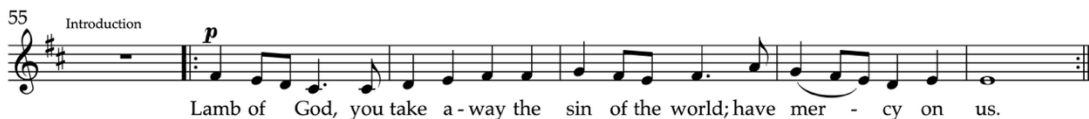
People Taste and see that the Lord is good;
 happy are they who trust in him!

The Communion

Celebrant The gifts of God for the people of God.

People Thanks be to God!

Agnus Dei (SJN Mass)



*We are pleased to offer communion in both kinds—the bread and wine.
 You are welcome to take a small sip of wine from the chalice server,
 guiding the cup with your hand, or you can simply pass the cup by.
 Please know that you are receiving full communion with the bread alone.*

Communion Song

Your Love Is Strong (Jon Foreman)

Heavenly Father You always amaze me
Let Your kingdom come in my world and in my life
Give me the food I need to live through today
And forgive me as I forgive the people that wrong me
Lead me far from temptation
Deliver me from the evil one

I look out the window the birds are composing
Not a note is out of tune or out of place
I walk to the meadow and stare at the flowers
Better dressed than anyone on their wedding day
So why should I worry why do I freak out
God knows what I need You know what I need

Your love is
Your love is
Your love is strong **[repeat x2]**

The kingdom of the heavens is now advancing
Invade my heart invade this broken town
The kingdom of the heavens is buried treasure
Would you sell yourself to buy the one you've found
Two things You told me that You are strong
And You love me yes You love me **[Chorus x2]**

God Be in My Head (Wilford Davies)

God be in my head,
And in my understanding;
God be in mine eyes,
And in my looking;
God be in my mouth,
And in my speaking;
God be in my heart,
And in my thinking;
God be at mine end,
And at my departing.

(Please stand)

Prayer after Communion

Celebrant Let us pray.
Living God,
increase in us the healing power of your love.
Guide and direct us
that we may please you in all things,
for the sake of Jesus Christ our Lord.
All Amen.

Doxology

Celebrant Glory to God,
All whose power, working in us,
can do infinitely more
than we can ask or imagine.
Glory to God from generation to generation,
in the Church and in Christ Jesus,
for ever and ever. Amen.

The Blessing

Celebrant The peace of God,
which passes all understanding,
keep your hearts and minds
in the knowledge and love of God,
and of his Son Jesus Christ our Lord;
and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always.
All Amen.

Announcements

(Please stand)

Closing Hymn

CP 378 – Crown Him with Many Crowns (verses 1, 2, 4)

Crown him with many crowns,
the Lamb upon his throne:
hark, how the heavenly anthem drowns
all music but its own!
Awake, my soul, and sing of him
who died for thee,
and hail him as thy matchless King
through all eternity.

Crown him the Lord of life,
who triumphed o'er the grave,
and rose victorious in the strife
for those he came to save.
His glories now we sing
who died and rose on high,
who died eternal life to bring,
and lives that death may die.

Crown him the Lord of love;
behold his hands and side,
rich wounds yet visible above
in beauty glorified.
All hail, Redeemer, hail!
for thou hast died for me;
thy praise shall never, never fail
throughout eternity.

Dismissal

Deacon	Go in peace, to love and serve the Lord.
People	Thanks be to God!

Postlude Music

St. John's This Week

Wednesday **Mid-Week Eucharist** in the Chapel 12noon

Norway Needlework Group in the Prideaux Room 1pm – 2:30pm

Sunday **In-Person / Livestream Holy Eucharist Service**
in the Sanctuary 10:30am

Welcome to St. John's Norway

No matter where you find yourself on your journey of faith, **you are so welcome to be here with us!** We are a community of people—young and old, from all backgrounds and walks of life, who are learning to follow Jesus. We ask questions, don't avoid the tough issues that life presents, and we want to love our neighbours. Please fill out a Welcome Card found in your pew or online! We would love to hear from you!

St. John's Food Pantry

Thanks to the generosity of everyone at St John's, we are able to keep the pantry operating throughout the summer when most of the local lunch programs take an extended summer break. All donations of non-perishable food items are welcome but this week we are most in need of baked beans, juice, tinned fruits, peanut butter and hearty soups and stews.

Norway Needlework Group

The Norway Needlework Group meets on Wednesdays from 1:00 – 2:30PM in the Prideaux Room. Anyone can join and there will be free knitting and crochet lessons as well. Come and see!

JOIN US FOR

Welcome

SUNDAY



**SEPT.
13**

**Bouncy castle,
face painting,
and BBQ**

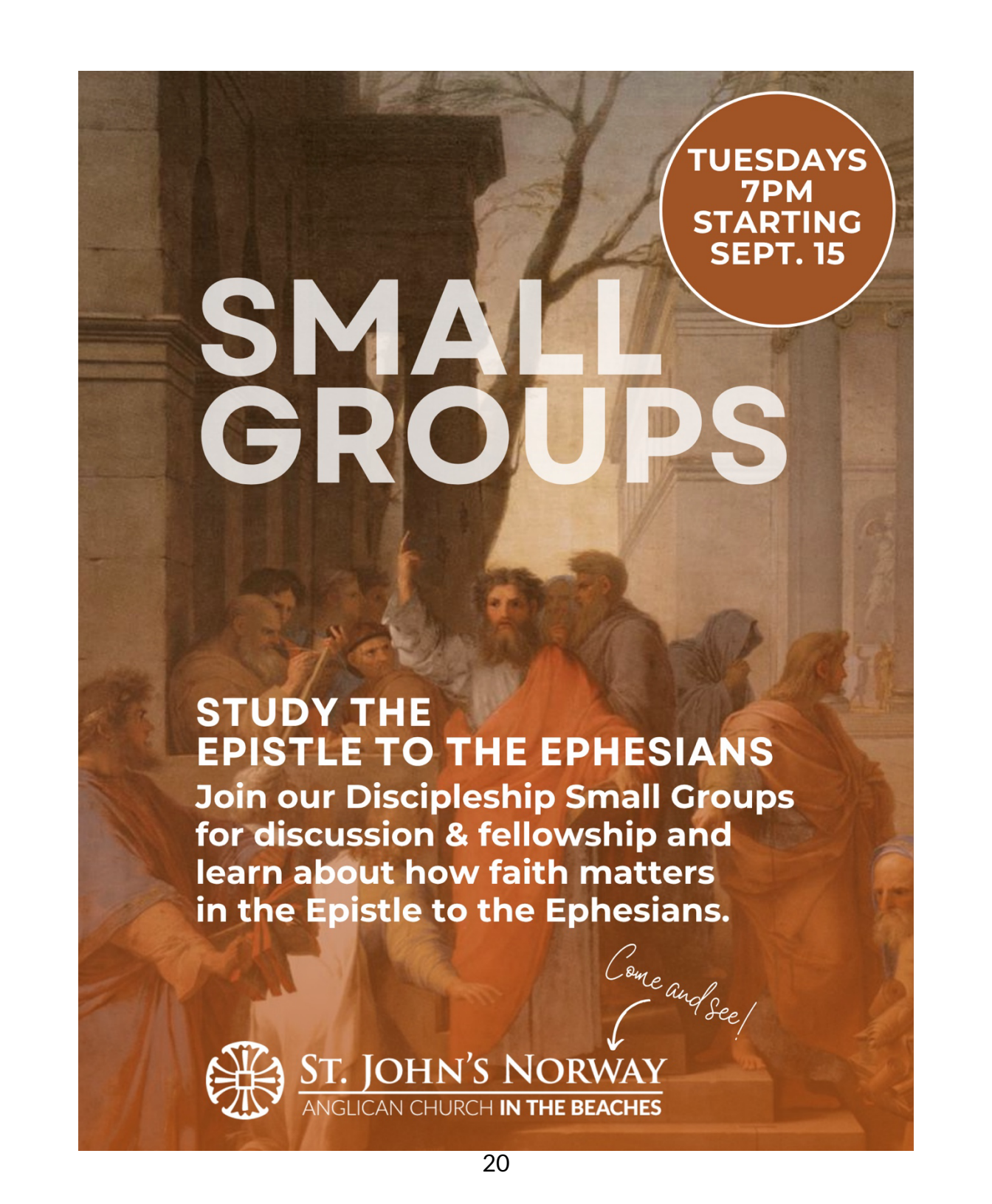
Free

Family friendly
worship at **10:30 am.**

Parking lot party starts at **11:30 am.**

All neighbours welcome!





**TUESDAYS
7PM
STARTING
SEPT. 15**

SMALL GROUPS

STUDY THE EPISTLE TO THE EPHESIANS

Join our Discipleship Small Groups
for discussion & fellowship and
learn about how faith matters
in the Epistle to the Ephesians.

Come and see!



ST. JOHN'S NORWAY
ANGLICAN CHURCH **IN THE BEACHES**

JOIN US ON **ZOOM OR IN-PERSON** AT
THE ANGLICAN DIOCESE OF TORONTO

135 ADELAIDE ST. EAST, 2ND FLOOR,
ACCESSIBLE ENTRANCE AND ELEVATOR
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OR **REGISTER HERE:**



JUSTICE LIKE A RIVER

Wednesday, September 16th

5:00-6:30PM

LEARN ABOUT INDIGENOUS RIGHTS
AND EXPRESS OUR **FAITHFUL**
SOLIDARITY THROUGH **ART**.



Diocese of Toronto
Anglican Church of Canada

ART SUPPLIES PROVIDED,
ALL ARE WELCOME.

Toronto Urban
Native Ministry



SEPTEMBER 20 AT ST. JOHN'S



THE TABLE SERVICE WILL RETURN!

5:00 pm

Join us for a relaxed and contemporary service followed
by a home cooked meal and time of fellowship.

Come and see!



ST. JOHN'S NORWAY
ANGELICAN CHURCH IN THE BEACHES

RECHARGE RETREAT 2026

MADE
NEW

SEPTEMBER 18-20



FOR YOUTH
Grades 6-12



STEP AWAY.
RECHARGE.
Live Your Faith!



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MEDEBA

Medeba is a year-round
camp and retreat centre
on beautiful Lake Wolfe. A
place to rest, connect,
and grow in faith together!

**REGISTER
TODAY!**



BYMC
Bishop's Youth Ministry Committee

Email Rev. Silvanus for more information:
associate@stjohnsnorway.com

LAND ACKNOWLEDGEMENT

The land we are standing on today is the traditional territory of many nations including the Mississaugas of the Credit, the Anishnabeg, the Chippewa, the Haudenosaunee and the Wendat peoples and is now home to many distinct First Nations, Inuit, and Métis Peoples. We also acknowledge that Toronto is covered by Treaty 13 signed with the Mississaugas of the Credit, and the Williams Treaties signed with multiple Mississaugas and Chippewa bands.

LET'S GET SOCIAL!

Facebook @stjohnsnorway
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Find the latest news and current events at
www.stjohnsnorway.com

TO REACH US

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Cemetery Supervisor: Amber Viscount	(416) 691-2965
Rector's Warden: Gordon Stock	(416) 302-9746
People's Warden: Katya Park	(647) 705-1840
Deputy Wardens: Vivian Clements, Janice Yorke, Matthew Neugebauer	

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470 Woodbine Avenue, Toronto, ON M4E 2H6

Church Office Hours
Monday to Friday – 9:00 am to 2:00 pm
Email: admin@stjohnsnorway.com
Phone: (416) 691-4560

www.stjohnsnorway.com



COME AND SEE.

STJOHNSNORWAY.COM