



# ST. JOHN'S NORWAY

## ANGLICAN CHURCH IN THE BEACHES



## WELCOME TO ST. JOHN'S NORWAY

*We are so glad to have you worship with us!*

*We are a growing, diverse, and energetic faith community learning to follow Jesus together.  
Wherever you are on your spiritual journey, you are invited to join us.*



**ST. JOHN'S NORWAY**  
470 Woodbine Avenue  
Toronto, Ontario  
M4E 2H6

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Twitter: [@stjnorway](https://twitter.com/stjnorway)

# Fourth Sunday after the Epiphany

## Family Eucharist

### 10:30 AM – Sunday, January 28, 2024

*Celebrant:* The Rev. Molly Finlay

*Preacher:* The Rev. Yohan Dumpala

*Subdeacon:* John Quaggin

*Reader:* Scarlett Hames

*Intercessor:* Shiloh Monteith-Hughes

*Chalice Bearer:* Bridget Brain

*Server:* Scarlett Hames

*Music Director:* Cara Halpin

*Soloists:* Kathy Haddadkar, Daniel Rojas, Tarquin Wongkee

#### Prelude Music

#### Welcome & Gathering of the Community

#### Opening Hymn

**CP 355 - All Creatures of our God and King (verses 1, 3, 7)**

All creatures of our God and King,  
lift up your voices, let us sing:  
alleluia, alleluia!  
Bright burning sun and golden beams,  
pale silver moon that gently gleams,  
alleluia, alleluia, alleluia,  
alleluia, alleluia!

We begin with  
a prelude,  
which sets a  
prayerful  
mood,  
followed by a  
hymn in  
procession.  
All the people  
gathered sing  
and speak  
with one voice,  
transforming  
themselves  
from a group  
of individuals  
into a single  
congregation  
gathered to  
praise God.

Swift flowing water, pure and clear,  
make music for your Lord to hear,  
alleluia, alleluia!  
Fire, so intense and fiercely bright,  
you give to us both warmth and light,  
alleluia, alleluia, alleluia,  
alleluia, alleluia!

Let all things their creator bless,  
and worship God in humbleness,  
alleluia, Alleluia!

Praise God the Father, praise the Son,  
and praise the Spirit, Three-in-One:  
alleluia, alleluia, alleluia,  
alleluia, alleluia!

*Priest*            The grace of our Lord Jesus Christ,  
                         and the love of God,  
                         and the fellowship of the Holy Spirit,  
                         be with you all.

*All*                **And also with you.**

*Priest*            Almighty God,  
*All*                to you all hearts are open,  
                         all desires known,  
                         and from you no secrets are hidden.  
                         Cleanse the thoughts of our hearts by the inspiration  
                         of your Holy Spirit,  
                         that we may perfectly love you,  
                         and worthily magnify your holy name;  
                         through Christ our Lord.  
                         Amen.

## Collect of the Day

*Celebrant*

Let us pray.  
Living God,  
in Christ you make all things new.  
Transform the poverty of our nature  
by the riches of your grace,  
and in the renewal of our lives  
make known your glory;  
through Jesus Christ our Lord,  
who is alive and reigns with you and the Holy Spirit,  
one God, now and for ever.

*All*

**Amen.**

The *collect* (pronounced with stress on the first syllable) is a special prayer which “collects” the prayers of the whole community. They are written down (not improvised) and often use formal or poetic language. Many of the collects we pray are very ancient, while others were written more recently.



*(Please be seated)*

## The Proclamation of the Word

Often one of our readings is drawn from the Epistles, the collection of letters written from Christian leaders to small, isolated Christian communities in the first few decades after the life of Jesus on earth. Some of these letters are the oldest Christian writings we have, older than any of the Gospels. Many of them, like this one, were written by Saint Paul, a convert to Christianity who became the most important teacher and evangelist of the early Church.

### The Readings

*Reader* A reading from the Book of Deuteronomy.

God, your God, is going to raise up a prophet for you.  
God will raise him up from among your kinsmen, a prophet like me. Listen obediently to him. This is what you asked God, your God, for at Horeb on the day you were all gathered at the mountain and said, "We can't hear any more from God, our God; we can't stand seeing any more fire. We'll die!" And God said to me, "They're right; they've spoken the truth. I'll raise up for them a prophet like you from their kinsmen. I'll tell him what to say and he will pass on to them everything I command him. And anyone who won't listen to my words spoken by him, I will personally hold responsible. "But any prophet who fakes it, who claims to speak in my name something I haven't commanded him to say, or speaks in the name of other gods, that prophet must die."  
*(Deuteronomy 18:15-20) (MSG)*

*Reader* The Word of the Lord.  
*People* Thanks be to God.

## Psalm 111

*Choir*

The fear of the Lord is the beginning of wisdom.  
The praise of our God endures forever.

*All*

**The fear of the Lord is the beginning of wisdom.  
The praise of our God endures forever.**

*Soloist*

Hallelujah! I will give thanks to the Lord with  
my whole heart, in the assembly of the upright,  
in the congregation.

Great are your works, O Lord,  
pondered by all who delight in them.

Majesty and splendour mark your deeds, and your  
righteousness endures for ever.

*All*

**The fear of the Lord is the beginning of wisdom.  
The praise of our God endures forever.**

*Soloist*

You cause your wonders to be remembered;  
you are gracious and full of compassion.

You give food to those who fear you;  
remembering forever your covenant.

You have shown your people the power of your works  
in giving them the lands of the nations.

*All*

**The fear of the Lord is the beginning of wisdom.  
The praise of our God endures forever.**

The Book of Psalms is the ancient collection of sacred Hebrew songs. Jews, and later Christians, have been singing these songs continually for over two thousand years, translated into countless languages and sung to all sorts of melodies in all sorts of styles. They are so important to our worship that the entire Book of Psalms is printed in our prayer books (*The Book of Common Prayer* and *The Book of Alternative Services*).

*Soloist*

The works of your hands are faithfulness and justice;  
all of your precepts are sure.

They stand fast forever and ever,  
because they are done in truth and equity.

You sent redemption to your people  
and commanded your covenant forever;  
holy and awesome is your name.

The fear of the Lord is the beginning of wisdom;  
all who practice this have a good understanding.  
God's praise endures forever.

*All*

**The fear of the Lord is the beginning of wisdom.  
The praise of our God endures forever.**

*Please stand for the reading of the Gospel.*

*The Gospel is carried down the centre aisle into the midst of the people gathered, as a symbol of God's sending out of Jesus—who is the "Word made flesh" into the world.*

**All**                    **Alleluia, alleluia, alleluia!**

**Gospeller**        The Lord be with you.

**People**            **And also with you.**

**Gospeller**        The Holy Gospel of our Lord Jesus Christ according to Mark.

**People**            **Glory to you, Lord Jesus Christ.**

They went to Capernaum; and when the sabbath came, Jesus entered the synagogue and taught. They were astounded at his teaching, for he taught them as one having authority, and not as the scribes. Just then there was in their synagogue a man with an unclean spirit, and he cried out, "What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God." But Jesus rebuked him, saying, "Be silent, and come out of him!" And the unclean spirit, convulsing him and crying with a loud voice, came out of him. They were all amazed, and they kept on asking one another, "What is this? A new teaching - with authority! He commands even the unclean spirits, and they obey him." At once his fame began to spread throughout the surrounding region of Galilee.

*(Mark 1:21-28)*

**Gospeller**        The Gospel of Christ.  
**People**            **Praise to you, Lord Jesus Christ.**

**All**                    **Alleluia, alleluia, alleluia!**

As Christians, the teachings of Jesus recorded in the Gospels hold a central place in our faith, so we greet the Gospel in a special way. Often (but not always) this means singing "Alleluia!"—a Latin version of a Hebrew word that means "Praise the Lord!"

The four Gospels—Matthew, Mark, Luke, and John—form the bedrock of what we know about Jesus.

They were written in Greek between approximately 40 and 70 years after the death and resurrection of Jesus.

A reading from one of the Gospels is required at every Eucharist.

*(Please stand)*

## What We Believe

*Please join us in reciting the Shema. This is a Jewish prayer that serves as a centerpiece of the morning and evening Jewish prayer services, as well as in our own Anglican tradition in the Book of Common Prayer. The word "Shema" is a command to listen. When we pray this together to God, we do not mean for him simply to hear the words being prayed and consider his task finished. On the contrary, we call for him to respond, to act, to do something with our hearts' desires.*

**All**

**Hear, O Israel,  
the Lord our God, the Lord is one.  
Love the Lord your God  
with all your heart,  
with all your soul,  
with all your mind,  
and with all your strength.**

**This is the first and the great commandment.  
The second is like it:  
Love your neighbour as yourself.**

**There is no commandment greater than these.**

*(Please sit or kneel for prayer)*

## The Prayers of the People

### The Confession

*Celebrant* We cannot earn God's grace or favor.  
It comes to us, not as something owed,  
but as a gift freely given.  
Confident in God's love for us,  
even when we are ungodly,  
we confess our sins in faith.

*Silence is kept.*

*All* Gracious God, we come before you  
in need of forgiveness and grace.  
You call us to trust in you completely,  
but we do not.  
We are timid and fearful as we follow your lead.  
We justify our actions and words,  
though we know they are not what you require.  
We struggle to understand the new life Christ offers,  
preferring old habits to risky change.  
Forgive us, we pray.  
Help us to be born anew into the life of Christ,  
trusting that you have included us by grace  
in the family of faith.  
In Christ's name we pray. Amen.

The communal  
confession of  
sin is a  
product of the  
Reformation.  
We say it  
together as we  
acknowledge  
our brokenness.  
The confession  
always leads  
into the  
absolution, as a  
gift offered  
freely to all.

## Prayer of Pardon

**Celebrant** Friends, God is for us and not against us!  
For that very reason,  
God sent the Son into the world  
not to condemn the world,  
but that the world might be saved through him.  
Believe the good news,  
in Jesus Christ we are forgiven!

**All** Amen.

*(Please stand)*

## The Peace

**Priest** The peace of the Lord be always with you.  
**People** And also with you.

*Sharing "peace" with one another is an ancient Christian tradition,  
not only in the words of Jesus, but also in the practices of the Christian community.  
Passing the Peace began as a way for people in the Christian community to be reconciled  
to one another before making their offering at the altar.  
It is for this reason that the Peace always comes before Communion.  
We impart the Peace of Christ with one another  
when we greet each other in this meaningful way.*



*(Please remain standing and join in singing)*

**Offertory Hymn**

**CP 460 - *Lord, the Light of Your Love Is Shining***

Lord, the light of your love is shining,  
In the midst of the darkness shining;  
Jesus, Light of the world, shine upon us;  
set us free by the truth you now bring us,  
shine on me, shine on me.

**[Chorus]**

Shine, Jesus, shine; fill this land with the Father's glory;  
blaze, Spirit, blaze: set our hearts on fire.  
Flow, river, flow: flood the nations with grace and mercy;  
Send forth your word, Lord, and let there be light.

Lord, I come to your awesome presence,  
from the shadows into your radiance;  
by the blood I may enter your brightness;  
search me, try me, consume all my darkness,  
shine on me, shine on me. **[Chorus]**

As we gaze on your kingly brightness  
so our faces display your likeness;  
ever changing from glory to glory,  
mirrored here may our lives tell your story,  
shine on me, shine on me. **[Chorus]**

# The Celebration of the Eucharist

## Invitation to Offering

*We at St. John the Baptist Norway give regularly to God's work through offerings and other gifts. Our offerings support the life of the parish, as well as the work we do in the world, both locally and globally.*

*We invite you to contribute financially as you can to the life and ministry of the parish.*

*If you wish to donate online through Canada Helps, please scan the QR code and follow the link. To sign up for pre-authorized giving, you may contact the Church Office at [admin@stjohnsnorway.com](mailto:admin@stjohnsnorway.com) or call us at 416-691-4560. Thank you!*



*(Please stand)*

## The Prayer over the Gifts

*Celebrant*

God of steadfast love,  
may our offering this day,  
by the power of your Holy Spirit,  
renew us for your service.

We ask this in the name of Jesus Christ the Lord.

*People*

**Amen.**

## The Great Thanksgiving

*Celebrant*

The Lord is here.

*All*

**His Spirit is with us.**

*Celebrant*

Lift up your hearts.

*All*

**We lift them to the Lord.**

*Celebrant*

Let us give thanks to the Lord our God.

*All*

**It is right to give thanks and praise.**

*Celebrant*

Lord of all life,  
you created the universe,  
where all living things reflect your glory.  
You give us this great and beautiful earth,  
to discover and to cherish.

You give us friends and families  
busy streets for young and old,  
the life of an earthly city  
fulfilled in your city to come.

You made us all,  
each wonderfully different,  
to join with the angels  
and sing your praise:

The word eucharist means "thanksgiving," so this part of the service is called the "Eucharistic Prayer" or "Great Thanksgiving." It encompasses everything from this opening dialogue through the Holy, holy, holy, and the Words of Institution as first uttered by Jesus at the Last Supper ("This is my body... this is the new covenant in my blood"), to the great "AMEN" at the very end. Sometimes the whole prayer is chanted and sung, sometimes it is all spoken. Here at St. John's, we practice a blend of speaking the prayer and singing it at special feast day services.

This song is known by the Latin titles of the two parts: *Sanctus* ("Holy") and *Benedictus* ("Blessed"), is a part of every Eucharistic Prayer. The first part echoes the song of the angels who surround God's throne (Isaiah 6:3; Revelation 4:8). The second quotes the Psalm cried out by the throng who hailed Jesus' entry into Jerusalem (Psalm 118:25-26; John 12:13).

*All*

**Holy, holy, holy Lord,  
God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.**

*Celebrant*

We thank you, loving Father,  
because, when we turned away,  
you sent Jesus, your Son.  
He gave his life for us on the cross  
and shows us the way to live.

Send your Holy Spirit  
that these gifts of bread and wine  
may be for us Christ's body and his blood.

On the night before he died,  
when darkness had fallen,  
Jesus took bread.  
He gave thanks, broke it,  
and shared it with his disciples, saying:  
'This is my body, given for you.  
Do this to remember me.'

After they had eaten, he took the cup of wine,  
gave thanks, and shared it with his disciples, saying:  
'This is my blood, poured out for you and for many,  
for the forgiveness of sins.'

So Father, with this bread and this cup  
we celebrate his love, his death, his risen life.  
As you feed us with these gifts,  
send your Holy Spirit,  
and change us more and more  
to be like Jesus our Saviour.

Help us, Father, to love one another,  
as we look forward to that day  
when suffering is ended,  
and all creation is gathered in your loving arms.

And now with all your saints  
we give you glory,  
through Jesus Christ,  
in the strength of the Spirit,  
today and for ever.

**Amen.**

*All*

### **The Lord's Prayer**

*Celebrant*

And now, as our Saviour Christ has taught us,  
we are bold to say,

*People*

**Our Father, who art in heaven,  
hallowed be thy name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
the power, and the glory,  
for ever and ever. Amen.**

We call the prayer beginning "Our Father" the Lord's Prayer because, according to the Gospels of Luke and Matthew, it was taught to the disciples by Jesus himself. However, the final sentence, ("For the kingdom, the power..." ) is a later, though still ancient, addition to the biblical prayer.

Following the breaking of the bread, there is often a special song called the *Agnus Dei* or “Lamb of God” sung while the bread and wine are prepared for sharing.

## **The Breaking of the Bread**

*Celebrant*

Behold what you are.

*All*

**May we become what we receive.**

## **The Communion**

*Celebrant*

So, come to this table,  
you who have much faith  
and you who would like to have more.  
You who have been to this sacrament often,  
and you who have not been for a long time.  
You who have tried to follow Jesus,  
and you who have failed.  
Come. It is Christ who invites us to meet him here.  
These are the gifts of God for the people of God.  
**Thanks be to God!**

*People*

**CP 685 - *Lamb of God***

*All*

**O Lamb of God, that takest away the sin of the world:  
have mercy upon us.**

**O Lamb of God, that takest away the sin of the world:  
have mercy upon us.**

**O Lamb of God, that takest away the sin of the world:  
grant us thy peace.**

*We are pleased to now offer communion in both kinds—the bread and wine.  
You are welcome to take a small sip of wine from the chalice server,  
guiding the cup with your hand, or you can simply pass the cup by.  
Please know that you are receiving full communion with the bread alone.*

## Communion Music

*This is My Story (J. Locke)*

*Blessed Assurance (P. Knapp)*

Blessed assurance, Jesus is mine!  
Oh what a foretaste of glory divine!  
Heir of salvation, purchase of God,  
born of his Spirit, washed in his blood.

### **[Refrain]**

This is my story; this is my song:  
praising my Savior all the day long;  
this is my story; this is my song:  
praising my Savior all the day long.

Perfect submission, perfect delight,  
visions of rapture now burst on my sight;  
angels descending bring from above  
echoes of mercy, whispers of love. **[Refrain]**

Perfect submission, all is at rest;  
I in my Savior am happy and blest,  
watching and waiting, looking above,  
filled with his goodness, lost in his love. **[Refrain]**

Our communion hymn, "Blessed Assurance" was written by prolific hymn writer Fanny Crosby. Born in 1820, she was blind at six weeks, but Crosby seemingly never let her lack of sight impede her life. In fact, she often spoke of her blindness as a blessing, composing this text in verse two of our hymn, "Visions of rapture now burst on my sight." She lived until nearly 95 years old and authored more than 8,000 hymn texts making her one of the most influential hymn writers of our time. In her hymns, Fanny Crosby skillfully incorporates words from the Bible, transforming them in unique and meaningful ways. It was one day in 1873, that Fanny decided to visit her close friend Phoebe Knapp who was also a well-known hymnist and composer. Phoebe decided to share a tune she developed, and Fanny was inspired immediately with "Blessed Assurance, Jesus is mine!" With this assurance, we can find solace in the knowledge that we are secure in God's hands, praising our Saviour all the day long.



*(Please stand)*

## **Prayer after Communion**

*Celebrant* Let us pray.  
Source of all goodness,  
in this eucharist  
we are nourished by the bread of heaven  
and invigorated with new wine.  
May these gifts renew our lives,  
that we may show your glory to all the world,  
in the name of Jesus Christ the Lord.  
*All* **Amen.**

## **Doxology**

*Celebrant* Glory to God,  
*All* whose power, working in us,  
can do infinitely more  
than we can ask or imagine.  
Glory to God from generation to generation,  
in the Church and in Christ Jesus,  
for ever and ever. **Amen.**

## **The Blessing**

## **Announcements**

*(Please stand)*

## **Closing Hymn**

**CP 306 – *O For a Thousand Tongues to Sing* (verses 1, 2, 5)**

O for a thousand tongues to sing  
my great Redeemer's praise,  
the glories of my God and King,  
the triumphs of his grace.

Jesus! the name that charms our fears  
and bids our sorrows cease;  
'tis music in the sinner's ears,  
'tis life, and health, and peace.

My gracious Master and my God,  
assist me to proclaim,  
to spread through all the earth abroad  
the honours of thy name.

## **Dismissal**

*Leader*      So now go in peace, remember the poor,  
be kindly affectioned one to another!

*People*      **Thanks be to God.**

## **Postlude Music**

## Announcements & Events

### St. John's This Week

<b>Today</b>	<b>The Table</b> in the Sanctuary 5pm
<b>Tuesday</b>	<b>Discipleship Tuesdays</b> in the Lower Hall 7pm
<b>Wednesday</b>	<b>Mid-Week Holy Eucharist</b> in the Chapel 12noon
<b>Thursday</b>	<b>Choir Rehearsal</b> in the Sanctuary 7pm – 9pm
<b>Saturday</b>	<b>The Philadelphia Eleven Film Screening</b> meet in the Parking Lot at 2pm, screening starts at 3PM at St. James Cathedral
<b>Sunday</b>	<b>The Table</b> in the Sanctuary 5pm

### Welcome to St. John's Norway

No matter where you find yourself on your journey of faith, **you are so welcome to be here with us!** We are a community of people—young and old, from all backgrounds and walks of life, who are learning to follow Jesus. We ask questions, don't avoid the tough issues that life presents, and we want to love our neighbours. Please [fill out a Welcome Card online](#). We would love to hear from you!

### Save the Date – Parish Retreat Day

Mark your calendars for our Parish Retreat Day at St. John's Norway on Saturday March 2nd. More details to come soon!

### Choir

The choir rehearses at 7pm on Thursdays in our beautiful church. We are always looking for new members! If you are interested please contact Cara at [music@stjohnsnorway.com](mailto:music@stjohnsnorway.com) or call her at [416-712-7922](tel:416-712-7922) for more details.

### Memorial Flowers

If anyone wishes to give flowers to the glory of God and in memory, thanksgiving, or celebration of a loved one, please [email the office](#) for more information.

### St. John's Food Pantry would love your help!

A huge thank you for your continuing support of our food pantry through your generous donations of non-perishable food items. **Right now, in particular, we are in most need of pasta, rice, ready made pasta and rice packages (e.g. "kraft" dinner etc), sardines, soup and baked beans.**

### **Norway Needlework Group**

The Norway Needlework Group meets on Wednesdays from 1:00 – 2:30PM in the Prideaux Room. Anyone can join and there will be free knitting and crochet lessons as well. Come and see!



Diocese of Toronto  
Anglican Church of Canada



ST. JOHN'S NORWAY  
ANGLICAN CHURCH IN THE BEACHES

PRESENTS

# The Philadelphia Eleven



## FREE FILM SCREENING

*With special guests*

*The Most Rev. Linda Nicholls,  
Primate, The Anglican Church of Canada  
The Rt. Rev. Kevin Robertson,  
Bishop Suffragan, Diocese of Toronto*



*Scan me for tickets!*

Saturday, February 3, 2024

Doors open 2:30PM, Film begins at 3:00PM

**St. James Cathedral Centre, Snell Hall  
65 Church Street - Toronto, ON**



# Parish Mardi Gras Party!



**Tuesday February 13th at 5PM**  
**Free All Ages Event**  
**pancakes, fun and fellowship for everyone!**

*Come and see!*



**ST. JOHN'S NORWAY**  
ANGELICAN CHURCH IN THE BEACHES



**Ash  
Wednesday  
Services**

**Wed. Feb. 14**

**12noon & 7PM**



**ST. JOHN'S NORWAY**  
**ANGELICAN CHURCH IN THE BEACHES**







**Notes**

# LAND ACKNOWLEDGEMENT

The land we are standing on today is the traditional territory of many nations including the Mississaugas of the Credit, the Anishnabeg, the Chippewa, the Haudenosaunee and the Wendat peoples and is now home to many distinct First Nations, Inuit, and Métis Peoples. We also acknowledge that Toronto is covered by Treaty 13 signed with the Mississaugas of the Credit, and the Williams Treaties signed with multiple Mississaugas and Chippewa bands.

## LET'S GET SOCIAL!

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Find the latest news and current events at  
[www.stjohnsnorway.com](http://www.stjohnsnorway.com)

## TO REACH US

Rector: **The Rev. Molly Finlay** (416) 795-6700  
Director of Music: **Cara Halpin** (416) 712-7922  
Assistant Curate: **The Rev. Yohan Dumpala** (647) 987-1165  
Honourary Assistant: **The Rev. Tay Moss** (416) 691-4560  
Youth Minister: **The Rev. Yohan Dumpala** (647) 987-1165  
Children's Minister: **Bridget Brain** [children@stjohnsnorway.com](mailto:children@stjohnsnorway.com)  
Parish Administrator: **Edward Cockerton** (416) 691-4560  
Cemetery Supervisor: **Robert Turvey** (416) 691-2965  
Rector's Warden: **Gordon Stock** (416) 302-9746  
People's Warden: **Katya Park** (647) 705-1840  
Deputy Wardens: **Rob Corrigan, Kathryn Kern,**  
**Janice Yorke, Vivian Clements**

### St. John's Norway, Anglican Church

470 Woodbine Avenue, Toronto, Ontario M4E 2H6

### Church Office Hours

Monday to Friday – 9:00 am to 1:00 pm

Email: [admin@stjohnsnorway.com](mailto:admin@stjohnsnorway.com)

Phone: (416) 691-4560

[www.stjohnsnorway.com](http://www.stjohnsnorway.com)



COME AND SEE.

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