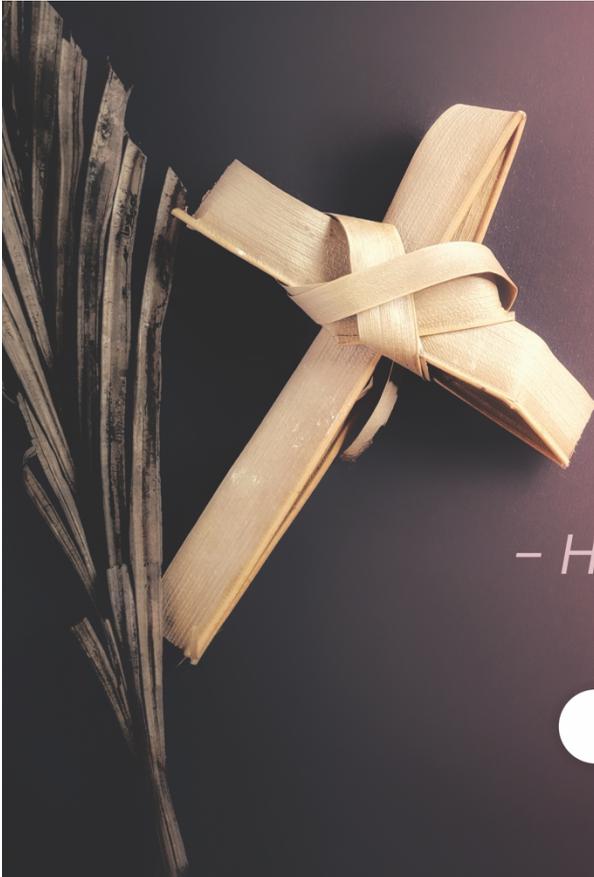




ST. JOHN'S NORWAY

ANGLICAN CHURCH IN THE BEACHES



KEEPING A HOLY LENT

*– How an Ancient Practice
Helps a Modern World*

A SERMON SERIES IN 4 PARTS

March 6, March 27, April 3 and April 10

WELCOME TO ST. JOHN'S NORWAY

We are so glad to have you worship with us!

*We are a growing, diverse, and energetic faith community learning to follow Jesus together.
Wherever you are on your spiritual journey, you are invited to join us.*



ST. JOHN'S NORWAY
470 Woodbine Avenue
Toronto, Ontario
M4E 2H6

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Instagram: [@stjohnsnorway](https://www.instagram.com/stjohnsnorway)
Twitter: [@stjnorway](https://twitter.com/stjnorway)

Fifth Sunday in Lent

10:30 AM – Sunday, April 3, 2022

Officiant & Preacher: The Rev. Molly Finlay

Reader: Jane Roberts

Music Director: Cara Halpin

Choir Leads: Tara Baxendale, Vivien Illion

Prelude

O Lamm Gottes (O Lamb of God) (J.S. Bach)

Welcome & Gathering of the Community

The Great Litany

Celebrant Holy God, Creator of heaven and earth,
People **Have mercy upon us.**

Celebrant Holy and Mighty, Redeemer of the world,
People **Have mercy upon us.**

Celebrant Holy Immortal One, Sanctifier of the faithful,
People **Have mercy upon us.**

Celebrant Holy, blessed and glorious Trinity, One God,
People **Have mercy upon us.**

Celebrant From all evil and mischief; from pride, vanity and hypocrisy; from
People envy, hatred and malice; and from all evil intent,
Saviour deliver us.

Celebrant From sloth, worldliness and love of money; from hardness of
People heart and contempt for your word and your laws,
Saviour deliver us.

Celebrant From famine and disaster; from violence, murder, and dying
People unprepared,
Saviour deliver us.

Celebrant In all times of sorrow; in all times of joy; in the hour of our death and at the day of judgment,
People **Saviour deliver us.**

Celebrant By the mystery of your holy incarnation; by your birth, childhood and obedience; by your baptism, fasting and temptation,
People **Saviour deliver us.**

Celebrant By your ministry in word and work; by your mighty acts of power; by the preaching of your reign,
People **Saviour deliver us.**

Celebrant By your agony and trial; by your cross and passion; by your precious death and burial,
People **Saviour deliver us.**

Celebrant By your mighty resurrection; by your glorious ascension; and by your sending of the Holy Spirit,
People **Saviour deliver us.**

Celebrant Hear our prayers, O Christ our God.
People **Hear us, O Christ.**

Celebrant Govern and direct your holy Church; fill it with love and truth; and grant it that unity which is your will.
People **Hear us, O Christ.**

Celebrant Give us boldness to preach the gospel in all the world, and to make disciples of all the nations.
People **Hear us, O Christ.**

Celebrant Enlighten your bishops, priests and deacons (especially _____) with knowledge and understanding, that by their teaching and their lives they may proclaim your word.
People **Hear us, O Christ.**

- Celebrant* Give your people grace to witness to your word and bring forth the fruit of your Spirit.
People **Hear us, O Christ.**
- Celebrant* Strengthen those who stand; comfort and help the fainthearted; raise up the fallen; and finally beat down Satan under our feet.
People **Hear us, O Christ.**
- Celebrant* Guide the leaders of the nations into the ways of peace and justice.
People **Hear us, O Christ.**
- Celebrant* Give your wisdom and strength to Elizabeth, our Queen that in all things she may do your will, for your glory and the common good.
People **Hear us, O Christ.**
- Celebrant* Give us the will to use the resources of the earth to your glory and for the good of all.
People **Hear us, O Christ.**
- Celebrant* Comfort and liberate the lonely, the bereaved and the oppressed.
People **Hear us, O Christ.**
- Celebrant* Guard and protect all children who are in danger.
People **Hear us, O Christ.**
- Celebrant* Shower your compassion on prisoners, hostages and refugees, and all who are in trouble.
People **Hear us, O Christ.**
- Celebrant* Forgive our enemies, persecutors and slanderers, and turn their hearts.
People **Hear us, O Christ.**
- Celebrant* Hear us as we remember those who have died (especially _____) and grant us with them a share in your eternal glory.
People **Hear us, O Christ.**

Celebrant Give us true repentance; forgive us our sins of negligence and ignorance and our deliberate sins; and grant us the grace of your Holy Spirit to amend our lives according to your word.

People **Have mercy on us. Amen.**

Celebrant The grace of our Lord Jesus Christ,
and the love of God,
and the fellowship of the Holy Spirit,
be with you all.

All **And also with you.**

Collect of the Day

Celebrant Let us pray.
Most merciful God,
by the death and resurrection
of your Son Jesus Christ,
you created humanity anew.
May the power of his victorious cross
transform those who turn in faith
to him who lives and reigns with you
and the Holy Spirit,
one God, now and for ever.

All **Amen.**

(Please be seated)

The Proclamation of the Word

The Readings

Reader A reading from the Book of Isaiah.

Thus says the Lord, who makes a way in the sea, a path in the mighty waters, who brings out chariot and horse, army and warrior; they lie down, they cannot rise, they are extinguished, quenched like a wick: Do not remember the former things, or consider the things of old. I am about to do a new thing; now it springs forth, do you not perceive it? I will make a way in the wilderness and rivers in the desert. The wild animals will honour me, the jackals and the ostriches; for I give water in the wilderness, rivers in the desert, to give drink to my chosen people, the people whom I formed for myself so that they might declare my praise. *(Isaiah 43:16-21)*

Reader The Word of the Lord.

People **Thanks be to God.**

Psalm 126

Lord has done great things for us.
We are filled with joy.

When the Lord brought back the captives of Zion,
we were like those who dream.
Then our mouth was filled with laughter,
and our tongue with rejoicing.

Then they said among the nations,
"The Lord has done great things for them."
The Lord has done great things for us.
We are glad indeed.

Restore our fortunes O Lord,
like the torrents in the southern desert.
Those that sow in tears
shall reap rejoicing.

Although they go forth weeping
carrying the seed to be sown.
They shall come back rejoicing
carrying their sheaves.

Lord has done great things for us.
We are filled with joy.

Please stand for the reading of the Gospel.

The Gospel is carried down the centre aisle into the midst of the people gathered, as a symbol of God's sending out of Jesus—who is the "Word made flesh" into the world.

Celebrant The Lord be with you.

People **And also with you.**

Celebrant The Holy Gospel of our Lord Jesus Christ according to John.

People **Glory to you, Lord Jesus Christ.**

Six days before the Passover Jesus came to Bethany, the home of Lazarus, whom he had raised from the dead. There they gave a dinner for him. Martha served, and Lazarus was one of those at the table with him. Mary took a pound of costly perfume made of pure nard, anointed Jesus' feet, and wiped them with her hair. The house was filled with the fragrance of the perfume. But Judas Iscariot, one of his disciples (the one who was about to betray him), said, "Why was this perfume not sold for three hundred denarii and the money given to the poor?" (He said this not because he cared about the poor, but because he was a thief; he kept the common purse and used to steal what was put into it.) Jesus said, "Leave her alone. She bought it so that she might keep it for the day of my burial. You always have the poor with you, but you do not always have me." *(John 12:1-8)*

Celebrant The Gospel of Christ.

People **Praise to you, Lord Jesus Christ.**

The Sermon

The Rev. Molly Finlay

During Lent, there will be a time of silence for reflection.

The Apostles' Creed

Celebrant Let us confess our faith as we say,
All I believe in God,
the Father almighty,
creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord.
He was conceived by the power of the Holy Spirit
and born of the Virgin Mary.
He suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended to the dead.
On the third day he rose again.
He ascended into heaven,
and is seated at the right hand of the Father.
He will come again to judge the living and the dead.

I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.

Confession and Absolution

Celebrant Dear friends in Christ,
God is steadfast in love and infinite in mercy;
he welcomes sinners
and invites them to his table.
Let us confess our sins,
confident in God's forgiveness.

Silence is kept.

Celebrant
All

Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbours as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us,
that we may delight in your will,
and walk in your ways,
to the glory of your name.
Amen.

Celebrant

Almighty God have mercy upon you,
pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in eternal life;
through Jesus Christ our Lord. **Amen.**

(Please stand)

The Peace

Celebrant
People

The peace of the Lord be always with you.
And also with you.

*We exchange a sign of God's peace to one another, with a smile or peace sign.
No hugs or handshakes for now. You may be seated after the sharing of The Peace.*

The Celebration of the Eucharist

Invitation to Offering

We at St John the Baptist Norway give regularly to God's work through offerings and other gifts. Our offerings support the life of the parish, as well as the work we do in the world, both locally and globally.

*We invite you to contribute financially as you can to the life and ministry of the parish. If you wish to donate in person or sign up for pre-authorized giving, you may contact the Church Office via e-mail or telephone using the information listed on the back of our bulletin.
Thank you.*

(Please stand)

The Prayer over the Gifts

Celebrant Eternal God,
 your only Son suffered death upon the cross
 to bring the world salvation.
 Accept the praise and thanksgiving
 we offer you this day,
 in the name of Jesus Christ the Lord.
People **Amen.**

The Great Thanksgiving

Celebrant The Lord be with you.
People **And also with you.**

Celebrant Lift up your hearts.
People **We lift them to the Lord.**

Celebrant Let us give thanks to the Lord our God.
People **It is right to give our thanks and praise.**

Celebrant

Blessed are you, gracious God,
creator of heaven and earth;
we give you thanks and praise
through Jesus Christ our Lord,
who was tempted in every way, yet did not sin.
By his grace we are able to triumph over every evil,
and to live no longer for ourselves alone,
but for him who died for us and rose again.
Therefore with angels and archangels
and all who have served you in every age,
we raise our voices
to proclaim the glory of your name.

All

**Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

Celebrant

We give thanks to you, Lord our God,
for the goodness and love
you have made known to us in creation;
in calling Israel to be your people;
in your Word spoken through the prophets;
and above all in the Word made flesh,
Jesus your Son.
For in these last days you sent him
to be incarnate from the Virgin Mary,
to be the Saviour and Redeemer of the world.
In him you have delivered us from evil,
and made us worthy to stand before you.
In him you have brought us
out of error into truth,
out of sin into righteousness,
out of death into life.

On the night he was handed over
to suffering and death,
a death he freely accepted,
our Lord Jesus Christ took bread;
and when he had given thanks to you,
he broke it, and gave it to his disciples,
and said, "Take, eat:
this is my body which is given for you.
Do this for the remembrance of me."

After supper he took the cup of wine;
and when he had given thanks,
he gave it to them
and said, "Drink this, all of you:
this is my blood of the new covenant,
which is shed for you and for many
for the forgiveness of sins.
Whenever you drink it,
do this for the remembrance of me."

All

Therefore, Father, according to his command,
**We remember his death,
we proclaim his resurrection,
we await his coming in glory;**

Celebrant

And we offer our sacrifice
of praise and thanksgiving
to you, Lord of all;
presenting to you, from your creation,
this bread and this wine.

We pray you, gracious God,
to send your Holy Spirit upon these gifts,
that they may be the sacrament
of the body of Christ
and his blood of the new covenant.
Unite us to your Son in his sacrifice,
that we, made acceptable in him,
may be sanctified by the Holy Spirit.

In the fullness of time,
reconcile all things in Christ,
and make them new,
and bring us to that city of light
where you dwell with all your sons and daughters;
through Jesus Christ our Lord,
the firstborn of all creation,
the head of the Church,
and the author of our salvation;

by whom, and with whom, and in whom,
in the unity of the Holy Spirit,
all honour and glory are yours, almighty Father,
now and forever.

All

Amen.

The Lord's Prayer

Celebrant And now, as our Saviour Christ has taught us,
we are bold to say,
People **Our Father, who art in heaven,
hallowed be thy name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
the power, and the glory,
for ever and ever.
Amen.**

The Breaking of the Bread

Celebrant We break this bread,
All **Communion in Christ's body once broken.**

Celebrant Let your Church be the wheat
which bears its fruit in dying.
All **If we have died with him,
we shall live with him;
if we hold firm,
we shall reign with him.**

The Communion

Celebrant The gifts of God for the people of God.

People **Thanks be to God!**

Choir O Lamb of God, that takest away the sin of the world:
have mercy upon us.
O Lamb of God, that takest away the sin of the world:
have mercy upon us.
O Lamb of God, that takest away the sin of the world:
grant us thy peace.

Communion Music

Abide With Me (arr. Jason Locke)
CP 24 *Abide With Me*

Abide with me: fast falls the eventide;
the darkness deepens; Lord, with me abide.
When other helpers fail, and comforts flee,
Help of the helpless, O abide with me.

Swift to its close ebbs out life's little day;
earth's joys grow dim, its glories pass away;
change and decay in all around I see:
O thou, who changest not, abide with me.

I need thy presence every passing hour;
what but thy grace can foil the tempter's power?
Who like thyself my guide and stay can be?
Through cloud and sunshine, Lord, abide with me.

I fear no foe, with thee at hand to bless;
ills have no weight, and tears no bitterness.
Where is death's dark sting? Where, grave, thy victory?
I triumph still, if thou abide with me.

Hold thou thy cross before my closing eyes;
shine through the gloom, and point me to the skies;
heaven's morning breaks, and earth's vain shadows flee;
in life, in death, O Lord, abide with me.

(Please stand)

Prayer after Communion

Celebrant Let us pray.
Merciful God,
you have called us to your table
and fed us with the bread of life.
Draw us and all people to your Son,
our Saviour Jesus Christ.

All Amen.

Doxology

Celebrant Glory to God,
All whose power, working in us,
can do infinitely more
than we can ask or imagine.
Glory to God from generation to generation,
in the Church and in Christ Jesus,
for ever and ever. Amen.

The Blessing

Announcements & Expressions of Gratitude

(Please stand)

Closing Hymn

CP 575 - *Let Streams of Living Justice*

Let streams of living justice flow down upon the earth;
give freedom's light to captives, let all the poor have worth.
The hungry's hands are pleading, the workers claim their rights,
the mourners long for laughter, the blinded seek for sight.
Make liberty a beacon, strike down the iron power;
abolish ancient vengeance: proclaim your people's hour.

For healing of the nations, for peace that will not end,
for love that makes us lovers, God grant us grace to mend.
Weave our varied gifts together; knit our lives as they are spun;
on your loom of time enroll us till our thread of life is run.
O great Weaver of our fabric, bind church and world in one;
dye our texture with your radiance, light our colours with your sun.

Your city's built to music; we are the stones you seek;
your harmony is language: we are the words you speak.
Our faith we find in service, our hope in other's dreams,
our love in hand of neighbour: our homeland brightly gleams.
Inscribe our hearts with justice; your way – the path untried;
your truth – the heart of stranger; your life – the Crucified.

Dismissal

Leader Go in peace, to love and serve the Lord.

People **Thanks be to God!**

Postlude

Voluntary in D Minor (Stanley)

*The flowers on the altar are given by Diane van Overdijk to the glory of God
and in loving memory of her mother Marion Lott.*

St. John's This Week

Sunday	Tattoos on the Heart Book Club Forum after service
Tuesday	Lenten Discipleship Course in the Sanctuary 7pm
Wednesday	Mid-Week Holy Eucharist in the Chapel 12pm
Thursday	Choir Rehearsal in the Sanctuary 7-9pm
Saturday	Cookies, Coffee & Palm Crosses in Van Lane Room 3-4pm

Announcements & Events

Today - Tattoos on the Heart Book Discussion

Join Molly for a short 40 minute book club forum just before Holy Week starts, **immediately following the 10:30 service**. Bring your book and be ready to share your favourite part!

Welcome to St. John's Norway

No matter where you find yourself on your journey of faith, **you are so welcome to be here with us!** We are a community of people—young and old, from all backgrounds and walks of life, who are learning to follow Jesus. We ask questions, don't avoid the tough issues that life presents, and we want to love our neighbours. Please **[fill out a Welcome Card online](#)**. We would love to hear from you!

Cookies, Coffee & Palms

Join us **this Saturday April 9th at the church from 3-4pm** for Cookies, Coffee & Palm Crosses in preparation for Palm Sunday. Everyone is welcome to join in on the fun!



Almsgiving for Lent

We will be learning more about this Lenten discipline during the 40 days of Lent, but we invite you to **consider giving alms in two ways**: first, **to our own Food Pantry**, and the items we are looking for are listed below. Secondly, as a parish we are going to **contribute to an Indigenous fund through the Primate's World Relief and Development Fund**. This fund supports Indigenous-led groups working to provide clean water, as well as improve access to healthcare, engage youth and take climate action, right here in Canada. We invite you to prayerfully consider a meaningful donation and you can make your cheque payable to St. John's Norway marked PWDRF. These are good ways that we can keep a Holy Lent through almsgiving.

Anglicanism 101

Wondering why our lovely crosses are all veiled in purple cloth during Lent? This tradition reminds us, as we travel closer to Holy Week, of the penitential nature of the season of Lent. The thin gauzy material offers just a “veiled” and incomplete view of the Cross—which will be revealed in splendour on Easter, as a symbol of victory over sin and death. It also invokes a connection to John 8:59 which tells us: **“Jesus hid himself and went out of the temple.”**

St. John’s Food Pantry

St. John’s Food Pantry is open weekly **Mondays from 10am-noon** but we need your help! We are in need of the following supplies:

- Tinned tuna, chicken, or ham
- Pasta sauce
- Peanut butter
- Tinned fruit
- Jam
- Tinned potatoes (no other vegetables please)
- Long life milk
- Instant oatmeal packets
- Rice



If you would like to help out by joining our roster, please contact Joanne Hincks at joanne.hincks@gmail.com.

Choir

If you would like to join in this wonderful ministry, please contact Cara at music@stjohnsnorway.com or call her at [416-712-7922](tel:416-712-7922) for more details.

Easter Memorial Flowers

Don’t forget to sign up to contribute to our Easter flowers in memory of your loved ones or in thanksgiving for a person or blessing in your life. **Contact Edward at the office for more information. Names of donors will be printed in our Easter bulletin.** Help us make our Easter sanctuary resplendent with glorious blooms!

Small Groups at St. John's

At St. John's, many of our people meet during the week for prayer, bible study, and fellowship. If you are interested in this life-giving ministry please [email the office](#).

Screening in Faith

Kathryn Kern will be leading all volunteers and employees involved through the Screening in Faith process. If you are a volunteer, The Diocese will be holding a ZOOM workshop for you to attend. For those who are unable to participate in this workshop, there will be a workshop either in-person or via zoom after Easter.

Passion Narrative Rehearsal

For all those involved in the Passion Narrative reading for Good Friday, please plan to meet right after the 10:30am service on Palm Sunday (next Sunday April 10th) for a short run through.



HOLY WEEK & EASTER

- April 9** 3-4pm Cookies, Coffee & Palm Crosses
- April 10** Palm Sunday
9am ZOOM/Dial-In Worship
10:30am In-Person/Livestream Service
- April 13** 10-11:30am Confession available in Chapel
12noon Mid-Week Holy Eucharist in Chapel
- April 14** Maundy Thursday
7pm In-Person Service followed by
Garden Watch in Chapel
- April 15** Good Friday
10am In-Person Service
Kids' Stations of the Cross downstairs with Lo & Yohan
- April 16** 8pm The Great Vigil of Easter
- April 17** Easter Sunday
9am ZOOM/Dial-In Worship
10:30am In-Person/Livestream Service





Notes

LAND ACKNOWLEDGEMENT

The land we are standing on today is the traditional territory of many nations including the Mississaugas of the Credit, the Anishnabeg, the Chippewa, the Haudenosaunee and the Wendat peoples and is now home to many diverse First Nations, Inuit, and Métis Peoples. We also acknowledge that Toronto is covered by Treaty 13 signed with the Mississaugas of the Credit, and the Williams Treaties signed with multiple Mississaugas and Chippewa bands.

LET'S GET SOCIAL!

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Twitter @stjnorway



Find the latest news and current events at
www.stjohnsnorway.com

TO REACH US

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Director of Music: **Cara Halpin** (416) 712-7922
Postulant & Youth Minister: **Yohan Dumpala**
Children's Minister: **The Rev. Lo Cook**
Parish Administrator: **Edward Cockerton** (416) 691-4560
Cemetery Supervisor: **Robert Turvey** (416) 691-2965
Rector's Warden: **Gordon Stock** (416) 302-9746
People's Warden: **Katya Park** (647) 705-1840
Deputy Wardens: **Rob Corrigan, Kathryn Kern**

St. John's Norway, Anglican Church

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Church Office Hours

Monday to Friday – 9:00 am to 1:00 pm

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