



ST. JOHN'S NORWAY

ANGLICAN CHURCH IN THE BEACHES

470 Woodbine Avenue, Toronto, Ontario M4E 2H6
Church Office: (416) 691-4560 E-mail: admin@stjohnsnorway.com
Website: stjohnsnorway.com Facebook: [@stjohnsnorway](https://www.facebook.com/stjohnsnorway)
Instagram: [@stjohnsnorway](https://www.instagram.com/stjohnsnorway) Twitter: [@stjnorway](https://twitter.com/stjnorway)

Tenth Sunday after Pentecost

Holy Eucharist

10:30 AM – Sunday, August 1st, 2021

Celebrant & Preacher: The Rev. Molly Finlay
Reader & Intercessor: Yohan Dumpala
Pianist: Edward Cockerton
Soloist: Kristian Lo

Prelude Music

Welcome & Gathering of the Community

Opening Hymn

Guide Me, O Thou Great Jehovah (CP 565)

Guide me, O thou great Jehovah,
pilgrim through this barren land.
I am weak, but thou art mighty;
Hold me with thy powerful hand.
Bread of heaven, bread of heaven,
feed me till I want no more,
feed me till I want no more.

Open now the crystal fountain
whence the healing stream doth flow.
Let the fire and cloudy pillar
lead me all my journey through.
Strong deliverer, strong deliverer,
be thou still my strength and shield,
be thou still my strength and shield.

When I tread the verge of Jordan,
bid my anxious fears subside;
Death of death, and hell's destruction,
land me safe on Canaan's side:
Songs of praises, songs of praises,
I will ever give to thee,
I will ever give to thee.

Celebrant Almighty God,
All to you all hearts are open,
 all desires known,
 and from you no secrets are hidden.
 Cleanse the thoughts of our hearts by the inspiration
 of your Holy Spirit,
 that we may perfectly love you,
 and worthily magnify your holy name;
 through Christ our Lord.
 Amen.

Collect of the Day

Celebrant Almighty God,
 your Son Jesus Christ fed the hungry
 with the bread of his life
 and the word of his kingdom.
 Renew your people with your heavenly grace,
 and in all our weakness
 sustain us by your true and living bread,
 who lives and reigns with you and the Holy Spirit,
 one God, now and for ever. **Amen.**

The Proclamation of the Word

The Readings

Reader A reading from the Book of Ecclesiastes.

So I hated life, because what is done under the sun was grievous to me; for all is vanity and a chasing after wind. I hated all my toil in which I had toiled under the sun, seeing that I must leave it to those who come after me —and who knows whether they will be wise or foolish? Yet they will be master of all for which I toiled and used my wisdom under the sun. This also is vanity. So I turned and gave my heart up to despair concerning all the toil of my labors under the sun, because sometimes one who has toiled with wisdom and knowledge and skill must leave all to be enjoyed by another who did not toil for it. This also is vanity and a great evil. What do mortals get from all the toil and strain with which they toil under the sun? For all their days are full of pain, and their work is a vexation; even at night their minds do not rest. This also is vanity. Then I saw that all toil and all skill in work come from one person's envy of another. This also is vanity and a chasing after wind. Fools fold their hands and consume their own flesh. Better is a handful with quiet than two handfuls with toil, and a chasing after wind. (Ecclesiastes 2:17-23, 4:4-6)

Reader The Word of the Lord.

People **Thanks be to God.**

Psalm 51:1-13

Have mercy on me, O God, according to your loving-kindness; in your great compassion blot out my offences.

Wash me through and through from my wickedness and cleanse me from my sin.

For I know my transgressions, and my sin is ever before me.

Against you only have I sinned and done what is evil in your sight.

And so you are justified when you speak and upright in your judgement.

Indeed, I have been wicked from my birth, a sinner from my mother's womb.

For behold, you look for truth deep within me, and will make me understand wisdom secretly.

Purge me from my sin, and I shall be pure; wash me, and I shall be clean indeed.

Make me hear of joy and gladness, that the body you have broken may rejoice.

Hide your face from my sins and blot out all my iniquities.

Create in me a clean heart, O God, and renew a right spirit within me.

Cast me not away from your presence and take not your holy Spirit from me.

Give me the joy of your saving help again and sustain me with your bountiful Spirit.

All stand for the Gospel.

Reader The Lord be with you.

People **And also with you.**

Reader The Holy Gospel of our Lord Jesus Christ according to Matthew.

People **Glory to you, Lord Jesus Christ.**

At that time Jesus said, "I thank you, Father, Lord of heaven and earth, because you have hidden these things from the wise and the intelligent and have revealed them to infants; yes, Father, for such was your gracious will. All things have been handed over to me by my Father; and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him. "Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest." Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light."
(Matthew 11:25-30)

Reader The Gospel of Christ.
People Praise to you, Lord Jesus Christ.

The Sermon

The Rev. Molly Finlay

Music (solo)

I Am the Bread of Life (Simon Lole)

The Apostles' Creed

Celebrant Let us confess our faith as we say,
All I believe in God,
 the Father almighty,
 creator of heaven and earth.
 I believe in Jesus Christ, his only Son, our Lord.
 He was conceived by the power of the Holy Spirit
 and born of the Virgin Mary.
 He suffered under Pontius Pilate,
 was crucified, died, and was buried.
 He descended to the dead.
 On the third day he rose again.
 He ascended into heaven,
 and is seated at the right hand of the Father.
 He will come again to judge the living and the dead.

I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.

The Prayers of the People

Confession and Absolution

Celebrant Dear friends in Christ,
God is steadfast in love and infinite in mercy;
he welcomes sinners
and invites them to his table.
Let us confess our sins,
confident in God's forgiveness.

Silence is kept.

Celebrant Most merciful God,
All we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbours as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us,
that we may delight in your will, and walk in your ways,
to the glory of your name. Amen.

Celebrant Almighty God have mercy upon you,
pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in eternal life;
through Jesus Christ our Lord. **Amen.**

The Peace

Celebrant The peace of the Lord be always with you.
People **And also with you.**

*We exchange a sign of God's peace to one another, with a smile or peace sign.
No hugs or handshakes for now.*

The Celebration of the Eucharist

Invitation to Offering

We at St John the Baptist Norway give sacrificially and proportionately to God's work in the life of the parish, as well as the work we do in the world, both locally and globally.

*We invite you to contribute financially as your donations support the life and ministry of the parish. To submit a contribution online, please **follow this link**. If you wish to donate in person or to sign up for pre-authorized giving, you may contact our Parish Administrator Edward via **e-mail** or **phone** during Church Office Hours listed on the back of the order of service. Thank you.*

The Prayer over the Gifts

Celebrant God our sustainer,
accept all we offer you this day,
and feed us continually with that bread
which satisfies all hunger,
your Son our Saviour Jesus Christ.
People Amen.

The Great Thanksgiving

Celebrant The Lord be with you.
People And also with you.

Celebrant Lift up your hearts.
People We lift them to the Lord.

Celebrant Let us give thanks to the Lord our God.
People It is right to give our thanks and praise.

Celebrant We give you thanks and praise, almighty God,
through your beloved Son, Jesus Christ,
our Saviour and Redeemer.
He is your living Word,
through whom you have created all things.

By the power of the Holy Spirit
he took flesh of the Virgin Mary
and shared our human nature.
He lived and died as one of us,
to reconcile us to you,
the God and Father of all.

In fulfilment of your will
he stretched out his hands in suffering,
to bring release to those who place their hope in you;
and so he won for you a holy people.

He chose to bear our griefs and sorrows,
and to give up his life on the cross,
that he might shatter the chains of evil and death,
and banish the darkness of sin and despair.
By his resurrection
he brings us into the light of your presence.

Now with all creation we raise our voices
to proclaim the glory of your name.

All

**Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

Celebrant

Holy and gracious God,
accept our praise,
through your Son our Saviour Jesus Christ;
who on the night he was handed over
to suffering and death,
took bread and gave you thanks,
saying, "Take, and eat:
this is my body which is broken for you."
In the same way he took the cup,
saying, "This is my blood which is shed for you.
When you do this, you do it in memory of me."

Remembering, therefore, his death and resurrection,
we offer you this bread and this cup,
giving thanks that you have made us worthy
to stand in your presence and serve you.

We ask you to send your Holy Spirit
upon the offering of your holy Church.
Gather into one
all who share in these sacred mysteries,
filling them with the Holy Spirit
and confirming their faith in the truth,
that together we may praise you
and give you glory
through your Servant, Jesus Christ.

All glory and honour are yours,
Father and Son,
with the Holy Spirit
in the holy Church,
now and for ever.

People

Amen.

The Lord's Prayer

Celebrant And now, as our Saviour Christ has taught us,
we are bold to say,

People **Our Father, who art in heaven,
hallowed be thy name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
the power, and the glory,
for ever and ever. Amen.**

The Breaking of the Bread

Celebrant "I am the bread of life," says the Lord.
"Whoever comes to me will never be hungry;
whoever believes in me will never thirst."

People **Taste and see that the Lord is good;
happy are they who trust in him!**

The Communion

Celebrant The gifts of God for the people of God.

People **Thanks be to God!**

We invite you at home to join in saying the following:

Prayer for Spiritual Communion

Loving and gracious God,

I believe that you are truly present in the Holy Sacrament,

and, since I cannot at this time receive communion,

I pray you to come into my heart.

I unite myself with you and embrace you with all my heart, my soul, and my mind.

Let nothing separate me from you;

let me serve you in this life until, by your grace,

I come to your glorious kingdom and unending peace. Amen.

Prayer after Communion

Celebrant Let us pray.

God of grace,

we have shared in the mystery

of the body and blood of Christ.

May we who have tasted the bread of life

live with you for ever.

We ask this in the name of Jesus Christ our Lord.

All **Amen.**

Doxology

Celebrant Glory to God,

All **whose power, working in us,**

can do infinitely more

than we can ask or imagine.

Glory to God from generation to generation,

in the Church and in Christ Jesus,

for ever and ever.

Amen.

The Blessing

Announcements

Closing Hymn

O for a Thousand Tongues to Sing (verses 1-3) (CP 306)

O for a thousand tongues to sing
my great Redeemer's praise,
the glories of my God and King,
the triumphs of his grace.

Jesus! the name that charms our fears
and bids our sorrows cease;
'tis music in the sinner's ears,
'tis life, and health, and peace.

He speaks; and, listening to his voice,
new life the dead receive;
the mournful, broken hearts rejoice,
the humble poor believe.

Dismissal

Celebrant Go in peace, to love and serve the Lord.
People **Thanks be to God!**

Postlude Music

To Reach Us

Priest-in-Charge: The Rev'd Molly Finlay (416) 795-6700
Director of Music: Cara Halpin (416) 712-7922
Postulant & Youth Minister: Yohan Dumpala
Children's Minister: Lo Cook
Parish Administrator: Edward Cockerton (416) 691-4560
Rector's Warden: Gordon Stock (416) 302-9746
People's Warden: Katya Park (647) 705-1840
Deputy Wardens: Rob Corrigan, Kathryn Kern
Cemetery Supervisor: Robert Turvey (416) 691-2965

Land Acknowledgement

The land we are standing on today is the traditional territory of many nations including the Mississaugas of the Credit, the Anishnabeg, the Chippewa, the Haudenosaunee and the Wendat peoples and is now home to many diverse First Nations, Inuit, and Métis Peoples. We also acknowledge that Toronto is covered by Treaty 13 signed with the Mississaugas of the Credit, and the Williams Treaties signed with multiple Mississaugas and Chippewa bands.

Visit www.stjohnsnorway.com under “News & Events” for the latest news at St. John’s Norway

Church Office Hours Monday to Friday – 9:00 am to 1:00 pm



Notes